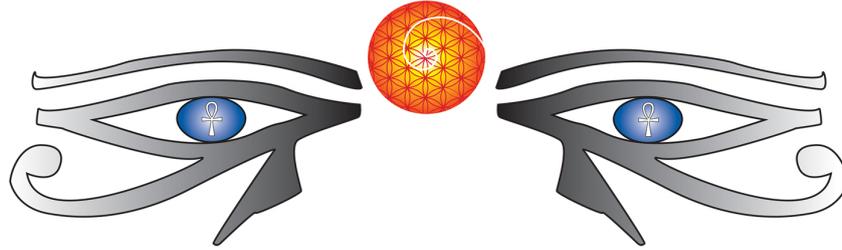


The I of RA  
School of **Consciousness** and **Embodiment**



This is for the person who wants to step into Mastery  
and live a life outside the programmed Reality of the Matrix,  
to repel this consciousness invasion, body mind and spirit  
living free of dogma, limitation and fear, in authenticity with humour, grace and joy

Experience is the only way to be informed and to embody that truth

**Experience Wisdom**

For us, everything is a concept until you have the experience of it then it becomes wisdom,  
- something you can draw from, embody and radiate

• **Dimensions of Self** and **Dimensions of Dreaming**

The Primary Dreamer is able to dream, power and sustain a reality.  
A primary dreamer of MU can create and dream more than one reality simultaneously,  
we call these Dimensions of Dreaming and the Self experiencing it, a Dimension of Self  
(passed off in the Matrix as 'past lives' 'timelines' 'reincarnation')

Think of Essence as the filing cabinet and each Dimension of Self (dreaming) as a file  
and you can have more than one file open and active at once.

All the Dimensions of Self can be accessed through Essence (you all the way back to Source)  
as you embody Essence, you have access to the gifts, talents, knowledge  
and experience wisdom of each and all of these Dimensions of Self and their Dreaming.

You can also liberate these expressions of Self of co-opts, imbalance,  
dysfunctional relationship dynamics, mirror inversion spells any and all fuckery that you are  
experiencing in that dreaming, is effecting you in the here and now

**Lineage**

Essence or Soul Lineage is the Experience of you all the way back to Source.  
All your incarnations, all your expressions, experience wisdom,  
all the 'lives' in or out of the Matrix.

Lineage may be an initiation, training or teaching, into a Collective  
because you can reach and maintain a specific mastery of frequency  
Eg: initiated into the Lineage/teachings/frequencies of the Sekhmet

DNA Blood Lineage, the Lineage that your physical expression holds,  
the experience wisdom and the ancestral karmas, contracts and connections  
that makes up your blood, DNA, skin hair etc

**How do we do it?**  
**How do you activate your Mastery?**

We don't do dogma, we are giving you the 'inner technology' to drive the car - to find out YOUR answers and embody your authenticity, sovereignty and liberation

**RAMUTet**

The state of ecstasy and attunement when embodying the tantra of RA and MU through the emanation of the 'Soul Star' creates a physical expression of Reality.

Connecting with the Essence of MU\* (Her all the way back to Her Source) and the Essence of RA\*\* (the original Creator codes) and when you synergise this energy into Essence, it ignites the embodiment, we call it the **Soul Star**

\***MU**: the organic consciousness, originally a creator Aeon who's 'body' is our planet.

\*\***RA**: the original Creator Being /Energy / Aeon of this Galaxy.

- We work with an **upgraded Etheric Anatomy**  
(Pineal codes free of co-opting, removing the Chakra System)  
You remembering and embodying your Essence,  
all your incarnations and expressions all the way back to Source

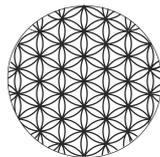
Your '**Dragon**' energy will be activated and by the end of the training, you will be riding MU's 'Dragon' as well as your own,  
Think of Dragon as a primordial organic force that burns up anything not aligned with the integrity and authenticity of Essence

Igniting the 'Dragon' **breaks the original spell separating the life force and compartmentalisation of consciousness**

as one embodies Essence  
the consciousness and LifeForce reunite and spell is not just broken, but you have the tools then to reverse engineer in all Dimensions of Dreaming....

You will re establish your own direct connection to the **organic (no)timeline**, remembering your truth, who you are with a new cognition of the Reality and how to create in it

You will understand how to maintain this state with protocols and tools you have learnt and many go on to use this work as the basis for healing their environment, friends and family.



The workshop situation isn't for everyone, Spiritual 'Fast Food' I call it  
People are at different levels, all with an individual process and ways of learning.

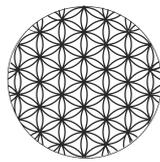
I have seen many people go to workshops and leave on a high but not able to sustain it,

or to crash and burn after such extremes of experience,  
confused, disillusioned and emotionally exhausted.

Working one on one, or in a smaller group is a better way to experience the information  
and also be able to do it in such a way that you 'get' it  
working at a pace that you feel comfortable with.

It is more appropriate for this work and aligned with maintaining the integrity of transmission  
and for you to be able to build an physical and etheric structure  
capable of both receiving and holding greater depths of Fire and Light.

You are looked after during your process, not left to struggle and wallow in despair  
as you go through shedding the illusion and awakening to who you really are,  
I follow up, and am available for your questions and consciousness musings as they unfold.



### **Experientials as a Private Session or Group**

Experientials can be done **online** or **in person**  
as a private one on one or group session  
also as retreat style (one – ten people)  
overnight / weekend staying in our glamping accommodation  
fully catered in the Byron Bay hinterland

### **EXPERIENTIAL: Creating through Desire not Want**

This is an experiential to get you in to Essence,  
reclaiming your sovereignty, liberated from all encumbrances of embodying  
your creative power and rocking your innate juju

Beginning with : Visualisation vs Embodiment • Emotion vs Feeling

Emotion is a reaction triggered by your response to what the brain perceives.

Be it a person, place, situation, it is a learned response that is built up over time  
and thus 'programmed'.

The same stimulus builds intensity so the emotional reaction can be triggered,  
engineered to elicit response and retort.

(I go to my 'happy place', that makes me depressed' etc)

Visualisation is a function from the brain. Based on the boundaries and limitation of  
what has gone before, what we 'know' or have 'seen'.

It uses limited senses and is fuelled by emotional reaction, usually born of 'want' or 'lack'.

Feeling is a consciousness, a timeless knowing  
that holds depth and dimension, containing all possibilities

Feeling has integrity, it is the origin of inspiration and is a direct communication from Essence  
(you all the way back to Source,  
the sum total of all your experience wisdom, all your 'lives' and incarnations)

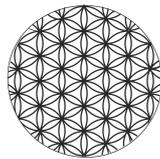
When you embody this feeling - ground it into and radiate it from every cell of your Being,  
you are now rocking the frequency to create an experience of reality that reflects that  
– as within so without

Embodiment engages all the senses, and fuelled by feeling and unlimited possibilities,  
the scope of your desire has an opportunity to be fully realised  
– bigger and better than you could have 'imagined' using the limited scope of the brain.

It may take a little practice to discern the difference between  
emotional reaction and feeling  
– sometimes old paradigms die hard, however it is an art and it can be mastered.

Expect surprises.

This can be done online or in person here at Retreats Byron Bay,  
in private session or overnight stay



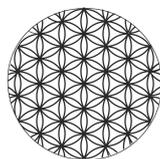
### **EXPERIENTIAL: Creating with the Elements**

To be in balance and synergy with the Elemental realm  
is to be at the bedrock of manifestation

engaging a connection with the Elemental Realm with the mind body spirit  
allows for a direct exchange and opportunity for collaboraton  
use this juju fuel your desires and bring them into the material world

this is a fun and informative experiential,  
opening you to the balance your own physical world has with the Elements  
as well as enhancing your connection to the organic creative power within.

This can be done online or in person here at Retreats Byron Bay,  
in private session or overnight stay



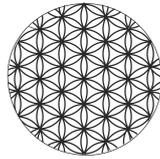
## **HEALING 101**

This is an experiential to connect you with your Essence, foster embodiment, and with that actualisation remember and embrace your innate healing ability

Guidance and teaching from my Lineage on how to then work with this energy, for your Self and others.

I give great transmission and you will get repeatable results with new paradigms in confidence, sovereignty and liberation

Can be done online through a private session or by invitation, in person to spend a few days with me here at CasaVeras for an intensive to rock your world



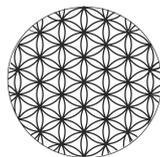
## **PSYCHIC WARFARE 101**

Psychic Warfare isn't necessarily about 'confrontation' its about not being at effect of the outside 'reality', being so embodied that nothing can unseat your sovereignty or harness your liberty or creative power

From this centre of empowerment rewrite your reality restoring MAAT, integrity and all your ju ju for your Self and your Lineage

I give great transmission, with guidance and teaching from my Lineage on how to work within this paradigm and awaken your Lineage connections and teachings innate to you and your frequency, never to be at effect or co-opt again

Can be done online through a private session or by invitation, in person to spend a few days with me here at CasaVeras for an intensive to rock your world



## **DIVINATION 101**

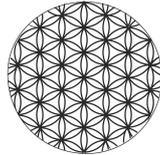
Elemental Divination

Embodying Essence and opening to the Oracle within to the Elemental Realm – making a connection through the desired Element and reading the energies presented.

Mastering of the skill is direct connection with the Element within,  
and who or what you are reading in the people, place situation  
- the cosmic currents - no need for tools, only consciousness.

Divination through Fire, Earth Water and Air to eventually Ether or Prana is part of the  
Experiential as well as your relationship to each.

Can be done online through a private session or  
by invitation, in person to spend a few days with me here at CasaVeras  
for an intensive to rock your world



### **CRYSTAL CRAFT 101**

Crystals, Gemstones and Rocks are manifestations and embodiments of the consciousness  
from the Elemental Realm of MU

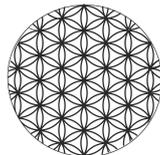
Experientials include:

Connecting with the Essence of each frequency

- The Devas of each piece, connecting and working together
- Activating Machine Cut Crystals

(Whoever cuts the crystal, programs the crystal, when the crystal is machine cut, most often,  
it has had the 'Soul', Essence or Deva of it removed, traumatized sedated or enslaved)

- Using the Crystal as a tool for divination, healing, recording and psychic Self defence
- Practical: cutting and consecrating your own piece with Ptah Rocks



### **RECLAIMING YOUR COSMOLOGY**

Explore and embody your Essence through this experiential dynamic  
based on Astrology and Metaphysics

Your Astrology chart holds the key to many understandings of Self.

It can open you to parts of Self previously unexplored,  
it can also reveal the way the Matrix has inverted your frequency  
using spells and inversions of the mirror tech MerKaBa running this Reality  
to harvest your energy, use and abuse you,  
keeping you enslaved and ignorant of your truth and creative power.

There is great potency in symbology and sigals.  
The energy of the symbol carries weight in the Collective,  
and so it is recognised from the very depths of Essence,

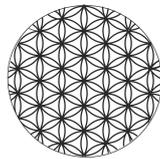
(Essence, is you all the way back to Source)

Think of the birthchart as you unique 'sigil'  
a personal 'blueprint' that encapsulates your frequency

Using your astrological data, we lay the planets out in a sphere for you to step into  
and a tangible experience unfolds to feel the dynamic of how this energy represents you.

From here the fun begins

- exploring the Self's gifts and talents,
- addressing blocks to your attractor factor - cognised and claimed  
(from abundance to creativity and relationships) - ,
- relationship dynamics embraced and Maat restored
- Your 'shadow', the spells, curses and inversions busted and transmuted in this  
and all Dimensions of Dreaming  
(all realities you are a part of, contribute to and energise)



### **MERKABA TECHNOLOGY 101**

Our understanding of MerKaBa technology is as an Annunaki creation vehicle  
to move through Realities, experience or interpret Realities and create Realities.

In this Matrix, each Dimension of Dreaming has frequency and can be viewed /  
experienced via the construct of the geometries of the MerKaBa  
that hold and interpret that frequency.

Mer : Counter rotating field of Light

Ka : Your Light Body, the refined matter that holds your Optimum Functioning Blueprint for  
whatever dimension you are attuned to  
(as your Ka interfaces with the physical emanation,  
it is the causal body that effects change and experience  
in the physical body and realm, it is the template for physical expression)

Ba : your Essence.

When consciously activated, it acts as a vehicle  
to move through Realities, experience or interpret Realities and create Realities.

Learn to create and program these geometric fields as well create surrogate fields  
and an understanding of the group MerKaBa



### **CONSCIOUSNESS WARRIOR TRAINING**

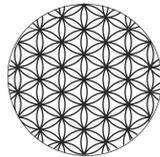
Retreat style direct transmission intensive training with me here at CasaVeras.

For the person who wants to step into Mastery and live a life outside the Programmed Reality of the Matrix, to repel this consciousness invasion, body mind and spirit and live the life you are meant to be.

This is for the person who has had enough, is calling Time out on the Bullshit and wants to live an authentic life with humour, passion and purpose.

No matter what level you are it, at the beginning of your journey,  
Or well on your way, perhaps needing an upgrade in your software, to be inspired by your Self again, whatever...it will be your pace and what you need.

If you can make this commitment to your Self, I will commit to you with knowledge, the power of my Lineage and a generosity of spirit  
This is for you if you want to find your own answers,  
you just need a foolproof, no nonsense experience of it, NOW if not sooner



### **WHOLE HEALTH DENTAL & WELLBEING PROGRAM**

A holistic approach to the health of the mouth teeth and gums reflected through the balance of Body, Mind, and Spirit, integrating left and right brain consciousness

There is no prerequisite other than a desire to be empowered to heal.

It has applications for dental health practitioners including Dentists, Dental hygienists, Oral Health specialists, and Dental Assistants. and can also compliment natural health modalities including naturopathy, and kinesiology.

Learning **Whole Health Dental and Wellbeing** is a 2 day experiential that can be a personalised for a private one on one experience or tailored for a group of two or more.

**CONTACT: [connecting@i-of-ra.com](mailto:connecting@i-of-ra.com)**  
**EVERYTHING begins with an online private session...**